



Ash Wednesday March 6

Imposition of Ashes

7:10 a.m.

12:15 p.m.

7:30 p.m.

Sandwiches will be served after the 12:15 p.m. service.

The pastors and deacons will offer

Ashes to Go

at the Rice Blvd entrance of the church

8:00 - 9:00 a.m.

11:00 a.m. - 12:00 noon

5:00 - 6:00 p.m.

Shrove Tuesday Pancake Supper

Tuesday, March 5, 5:30–6:45 p.m.
parish hall

Looking for Revelers and Volunteers
Pancake Supper is always the best!
Come and eat all the pancakes and
sausage you can, and enjoy the brass
ensemble and pancake races. We are
having the last big party until Easter.
Activities for children start at 5:30
p.m. Together we'll dance the chicken
dance and the last "Alleluia" before
Lent. Supper will be served from 6:00
until 6:45. If you can help shop, cook,
or clean up at the supper, please contact
Marie Monroe at marie4118@gmail.com.

**Lenten Vespers: Praying Life
Wednesdays, 6:30 – 7:15 p.m.**

See inside

First Sunday in Lent

With the first Sunday in Lent on March 10 we enter the special time in which our preparation for the Passion of Christ in Holy Week is paired with the "little Easters" that each Lent Sunday still represents. The timbre of the Lenten Sundays is at once somber, thoughtful and festive. On March 10 we will switch to the a capella worship setting 5, and chant the Great Litany as prayer of intercession. The color of the season is purple, the color only kings were allowed to wear in ancient times.

Daylight Saving Time begins Sunday, March 10

Next week, on the first Sunday in Lent, daylight saving time begins. Turn your clocks forward one hour in the evening of March 9. Don't be late to church!

Fruit of the Spirit: A Recital of Songs Sunday, March 3 6:00 p.m.

Christ the King Church parish hall

Enjoy soprano Jessica Moss and our member and pianist Megan Glikes as they present a recital of art songs and arias by various composers with themes on the fruits of the Spirit as listed by Paul in Galatians 5:22-23. Please join us for an evening of uplifting music, and enjoy a few tasty snacks and spirits as well. Your admission of \$10 will benefit Interfaith Ministries Meals on Wheels.

Houston Food Bank on March 9 Useful information

When: 8:00 a.m. to 12:00 p.m.

Where: Houston Food Bank, 535 Portwall St.,

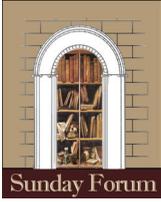
Attire: Closed-toe shoes, pants, sleeved shirt (short or long sleeves)

Carpool: If needed, it will leave the church parking lot at 7:30 a.m. Please specify if you wish to carpool so we can be sure to send someone there before heading to the HFB: ctkhfb@gmail.com

T
H
I
S

W
E
E
K

SUNDAY FORUM 9:45 a.m.



in the parish hall

Spiritual Practices for the Real World

March Sunday Forum Series

Our Sunday Forum series will explore multiple methods of prayer each week that you are invited to “try on” as possibilities to begin or to enrich your own daily spiritual practice.

March 3:

Exploring the Theological Basis for Prayer

Did you know that God wants a deeper relationship with and for and from you? Might you encounter God in familiar and surprising ways during Lent this year? Pastor Larson will give a theological introduction to the series.

March 10: Lectio Divina and Visio Divina

Lectio Divina: Reading with the Ear of the Heart
Lectio Divina is an ancient Christian practice in which one reads a small passage of scripture, trusting in God’s presence and relevance in daily experience. Lectio Divina is not about acquiring head knowledge of Scripture, but is about a personal encounter with the heart of God inspiring one’s attention and already praying through the reader.

Visio Divina: Seeing with the Eye of the Heart

Visio divina shares roots with the ancient practice of lectio divina, inviting one to encounter the divine through images. A prayerful consideration of and interaction with a photograph in the magazine, icon, piece of art, or other visual representation allows the viewer to experience the sacred in unique and powerful ways.

March 17:

Centering Prayer and Walking Meditation

March 24: Ignatian Prayer:

Guided Imagination and Daily Examen

Daily Devotional Guide

“lasting hope”

A devotional book *lasting hope* for lent with daily readings, reflections and prayers is available in the narthex for a small donation of \$3 or can be purchased electronically at Augsburg Fortress.

Praying Life Lenten Vespers

Wednesdays, 6:30 – 7:15 p.m.

Lenten Vespers this year lead us along a path of reflection on some basic things that make for a wholesome life: shelter, light, body, joy, and harvest. The psalms for Sundays in Lent pray, meditate on, cry out for, give thanks for and sing about all these elements. On Wednesdays we will spend more time to go deeper and experiential with these psalms and themes.

March 13 – Shelter (Psalm 91)

March 20 – Light (Psalm 27)

March 27 – Body (Psalm 63)

April 3 – Joy (Psalm 32)

April 10 – Harvest (Psalm 126)

These traditional Vespers will help us keep the spiritual discipline of Lent, beginning with forty tolls and including incense. After worship there will be two opportunities to go deeper in the reflective process: individual healing blessing and laying on of hands will be offered in the nave; a 45 minute group conversation about the psalm and presentation for each week will be offered in the parlor on the second floor.

Lenten Day of Prayer

with Brother Michael Gallagher

Saturday, March 23, 9:30 a.m.-1:30 p.m.

Christ the King Lutheran Church

\$15.00 Light lunch provided.

RSVP to beverlydavis@ctkelc.org by March 19.

During the season of Lent, we are drawn deliberately into the life of Christ. Inherent within Lent are invitations to self-examination and prayer as we seek more intentional connections with God. Come explore new spiritual practices or renew old ones.

Church Directory

Name
Address
Home phone
Mobile phone
Email

Our 2019 church directory is in the works! Now is the time to update your contact information. Please communicate all changes or changed preferences by **Tuesday, March 5**, by emailing the church office (ctk@ctkelc.org). Thank

you for helping us strengthen our communications and connections with one another.

Family Friday

March 8, 5:00-7:00 p.m.

Join us for "Family Friday" on **March 8, 5:00-7:00 p.m.** at Christ the King. Make church your place for Friday dinner together with other families. Bring the kids, a bottle of wine or beer to share and let's "crash together" after the work week. We will eat, enjoy fellowship, and play. We close with a good night story and prayer at 7:00 p.m.

Invited are all young families with babies, toddlers and Kindergarten children with their older siblings. Dinner, water and lemonade will be provided. Family Fridays take place monthly (mostly on the first Friday).

Soup Suppers for All

Looking for Soup Makers and Servers

Wednesdays March 13 - April 10 from 5:30 p.m. - 6:30 p.m.

We look forward to our Lenten soup suppers starting March 13. Let's rally and come out for soup and fellowship - bring a friend and neighbor! A delicious variety of soups is offered each Wednesday evening, 5:30-6:30 p.m. And of course, additional soup makers and servers are most welcome. Proceeds from our soup suppers benefit our missionaries in Mexico, Pastor David and Alicia Brandos. If you would like to help with one of our Wednesday Lenten soup suppers, please contact beverlydavis@ctkelc.org or 713-400-0517.

Freewheels Houston Service Day: March 9

Youth and Parents are welcome to come to a day of serving at freewheels Houston cleaning and repairing donated bikes. We will gather at church at 8:30 a.m. and carpool over to Freewheels Houston for service and fellowship. Afterwards we will go and grab lunch together at Bernie's Burger Bus. Please contact Deacon Ben Remmert to RSVP by Friday, March 8.

Project Promise:

Building Personal Care Kits for People Around the World

During Lent, we again join Lutheran World Relief's Project Promise appeal. Each week, we collect a different item that will be used to assemble Personal Care Kits that give people around the world tools to stay healthy in life's most challenging situations. **Drop items off in the narthex.** Here's our collection schedule:

March 10: Bars of Soap

(4 to 5 oz., any brand, in original wrapping)

March 17: Bath towels

(new, light-weight, maximum 52"x27", dark color recommended)

March 24: Toothbrushes

(adult size, in original packaging)

March 31: Combs (sturdy, please!

No picks or fine toothed combs)

April 7: Nail Clippers

(metal, attached file optional)

April 14: Bars of Soap

(each kit includes 2 bars of soap)

Everyone is invited to join the Luther League in assembling our Personal Care Kits after the Good Friday service on April 19.

Lutherhill *Explore* Retreat

Friday, March 22- Sunday, March 24

All elementary age school children are invited to come and enjoy the giant swing, archery, arts & crafts and campfire worship at Lutherhill with Deacon Ben Remmert. This is a great opportunity to take a trial run at camp for a weekend before coming out for a whole week in the summer! *Explore* begins Friday evening with games and an opening devotion. Saturday, we explore a typical day of camp with morning worship, Bible study and an activity-filled afternoon. Sunday, we wrap up the weekend with brunch and a sending worship. Cost is \$75 per person. RSVP to Deacon Ben Remmert by March 17.

We celebrate with these members and friends who are remembering their baptism this week:

Donn Bowers	Nathaniel Winston
Joel Larson	Gunther Klein
Jimmie Lawson	Joyce Klein
Don Rice	Parker Boles
Doug Koch	Isabelle Feuille
Marcia Murphey	

Sunday, March 3

8:30 a.m. Worship ELW 4, nave
9:45 a.m. Sunday Forum, parish hall
9:45 a.m. Sunday School
10:50 a.m. Worship ELW 4, nave
6:00 p.m. Recital of Songs, parish hall
6:00 p.m. Luther League, youth room

Monday, March 4

Church Office Closed
8:15 a.m. Morning Prayer, 3rd floor

Tuesday, March 5

8:15 a.m. Morning Prayer, 3rd floor
5:30 p.m. Shrove Tuesday Pancake Supper

Wednesday, March 6 Ash Wednesday

7:10 a.m. Imposition of Ashes, nave
8:00-9:00 a.m. *Ashes to Go*, parking lot
11:00 - 12:00 p.m. *Ashes to Go*, parking lot
12:15 p.m. Imposition of Ashes, nave
Sandwiches served after service
5:00 - 6:00 p.m. *Ashes to Go*, parking lot
7:30 p.m. Imposition of Ashes, nave
7:30 p.m. Chorus, 011
7:30 p.m. Choir, 001

Thursday, March 7

8:15 a.m. Morning Prayer, 3rd floor
10:00 a.m. Piecemakers, 3rd floor
6:00 p.m. Egg Decorating workshop, 3rd floor

Friday, March 8

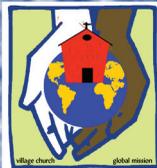
8:15 a.m. Morning Prayer, narthex
10:30 a.m. Friday Morning Bible Study, nave
5:00 p.m. Family Friday, parish hall

Saturday, March 9

7:30 a.m. Trip to the Houston Food Bank, meet in church parking lot
8:30 a.m. Luther League/Freewheel service day
1:00 p.m. Yoga, parish hall
6:00 p.m. Contemplative Worship, nave

Sunday, March 10

8:30 a.m. Worship ELW 5, nave
9:45 a.m. Sunday Forum, parish hall
9:45 a.m. Sunday School
10:50 a.m. Worship ELW 5, nave



Mission Offering

Meals on Wheels

The mission offering is collected at the church doors at the end of worship.

Meals on Wheels

is a home delivered meal program for seniors with limited mobility, through the Harris County Area Agency on Aging. Interfaith Ministries is the largest provider of services in the Houston area. Each meal includes an entree, two 1/2-cup servings of fruit or vegetables, bread, milk and whole fruit or dessert. They serve more than 4,000 seniors a hot meal each day. For every \$5 you give, IM is able to provide one homebound senior with a home delivered meal.

This service is available to homebound individuals 60 years old and older and spouses of current service recipients.

aniMeals on Wheels

is a program in which volunteers deliver donated dog & cat food to Meals on Wheels seniors who have pets. The program was started because they found that seniors were sharing their limited food and resources with their pet companions. Your support helps them continue to deliver almost 8,500 pounds of pet food to 1,110 pets each month!

Donations are accepted in the form of wet and dry dog and cat food or gift cards to local stores which sell pet food. **During March, we ask that members drop off pet food in the basket in the foyer.**

Save the Date: Tag Sale - May 4

The annual Tag Sale at Christ the King Church will be Saturday May 4, 8:00 a.m. - 12:00 p.m. in the parish hall. Give us anything you want out of your closets, garages and attics! We will collect items starting the Sunday before the sale, April 28.

Ukrainian Egg Decorating Workshop

Thursdays at 6:00 p.m. on the 3rd floor through April 11, led by Marie Monroe. Contact Marie for more information, marie4118@gmail.com, or just show up.

The Rev. Dr. Duane Larson, Senior Pastor The Rev. Karin Liebster, Associate Pastor
Deacon Ben Remmert, Director of Youth and Family Ministry
Beverly Davis, Director of Congregational Care Linda Schoene, Congregational Nurse
Deacon Rick Erickson, Cantor, Director of Bach Society Houston
Brian Glikes, Music Associate Robert Walp, Brass Choir Director
Noelle Jung, Church Business Administrator

Phone: 713-523-2864 Email: ctk@ctkelc.org Website: ctkelc.org

Office Hours: Tuesday - Friday 7:00 a.m.-4:00 p.m. 2353 Rice Blvd, Houston TX, 77005