



First Sunday in Lent

With the first Sunday in Lent on March 10 we enter the special time in which our preparation for the Passion of Christ in Holy Week is paired with the “little Easters” that each Lent Sunday still represents. The timbre of the Lenten Sundays is at once somber, thoughtful and festive. On March 10 we will switch to the a capella worship setting 5, and chant the Great Litany as prayer of intercession. The color of the season is purple, the color only kings were allowed to wear in ancient times.

Praying Life Lenten Vespers Wednesdays, 6:30 – 7:15 p.m.

Lenten Vespers this year lead us along a path of reflection on some basic things that make for a wholesome life: shelter, light, body, joy, and harvest. The psalms for Sundays in Lent pray, meditate on, cry out for, give thanks for and sing about all these elements. On Wednesdays we will spend more time to go deeper and experiential with these psalms and themes.

March 13 – Shelter (Psalm 91)

March 20 – Light (Psalm 27)

March 27 – Body (Psalm 63)

April 3 – Joy (Psalm 32)

April 10 – Harvest (Psalm 126)

These traditional Vespers will help us keep the spiritual discipline of Lent, beginning with forty tolls and including incense. After worship there will be two opportunities to go deeper in the reflective process: individual healing blessing and laying on of hands will be offered in the nave; a 45 minute group conversation about the psalm and presentation for each week will be offered in the parlor on the second floor.

Prayers for Healing and Anointing every Sunday and Wednesday in Lent

Throughout Lent we offer Healing Blessing and Anointing for all who desire during Sunday morning worship and after Wednesday evening Vespers. Stations for healing prayers will be available in the back of the nave after communion on Sunday mornings and in the northeast section on Wednesday evenings.

Soup Suppers for All — Looking for Soup Makers and Servers

Wednesdays March 13 - April 10
from 5:30 p.m. - 6:20 p.m.

We look forward to our Lenten soup suppers starting March 13. Let's rally and come out for soup and fellowship - bring a friend and neighbor! A delicious variety of soups is offered each Wednesday evening, 5:30-6:20 p.m. And of course, additional soup makers and servers are most welcome. Proceeds from our soup suppers benefit our missionaries in Mexico, Pastor David and Alicia Brandos. If you would like to help with one of our Wednesday Lenten soup suppers, please contact beverlydavis@ctkelc.org or 713-400-0517.

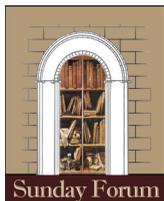
Daily Devotional Guide “lasting hope”

A devotional book *lasting hope* for Lent with daily readings, reflections and prayers is available in the narthex for a small donation of \$3 or can be purchased electronically at Augsburg Fortress.

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SUNDAY FORUM 9:45 a.m.



in the council room (room 201)

Spiritual Practices

for the Real World

March Sunday Forum Series

Our Sunday Forum series explores multiple methods of prayer each week and you are invited to “try on” as possibilities to begin or to enrich your own daily spiritual practice.

March 10: Lectio Divina and Visio Divina

Lectio Divina: Reading with the Ear of the Heart

Lectio Divina is an ancient Christian practice in which one reads a small passage of scripture, trusting in God’s presence and relevance in daily experience. Lectio Divina is not about acquiring head knowledge of Scripture, but is about a personal encounter with the heart of God inspiring one’s attention and already praying through the reader.

Visio Divina: Seeing with the Eye of the Heart

Visio divina shares roots with the ancient practice of lectio divina, inviting one to encounter the divine through images. A prayerful consideration of and interaction with a photograph in the magazine, icon, piece of art, or other visual representation allows the viewer to experience the sacred in unique and powerful ways.

March 17:

Centering Prayer and Walking Meditation

March 24: Ignatian Prayer:

Guided Imagination and Daily Examen

SEARCH Coffee Ministry

Wednesday, March 20, 10:00-11:00 a.m.

Join us in hosting our monthly coffee hour for SEARCH Homeless Services clients at the Perry St. Apartments, 4415 Perry, a New Hope Housing project in the Third Ward. This collaboration with SEARCH takes place every third Wednesday of the month. Contact Beverly at beverlydavis@ctkelc.org.

Justice Advocacy Event Sunday, March 10

The Justice Advocacy Ministry Team invites you to advocate for justice after each worship service. Stop by the tables in the courtyard after worship and raise your voice for justice!

Lenten Bread March 13 - April 10

Handmade bread from Kindred Church in Montrose

\$ 30.00 for 5 weeks of bread

Enjoy fresh organic handmade bread for 5 weeks during the season of Lent. This fluffy loaf of country white bread pairs perfectly with soup suppers, community, and conversation. Every subscription supports feeding hungry bodies and souls in the Montrose neighborhood of Houston. Your subscription guarantees a fresh loaf each week from March 13- April 10. Christ the King Church will be serving Kindred Bread for our Wednesday Soup Suppers, but you may place an order for yourself. Pick up your order on Wednesdays in the kitchen at Christ the King Church from 1:00-7:30 p.m. Order your bread at: kindredmontrose.org/lentenbread/lenten-bread-subscription.

Lenten Day of Prayer with Brother Michael Gallagher

Saturday, March 23, 9:30 a.m.-1:30 p.m.

Christ the King Lutheran Church

\$15.00 Light lunch provided.

RSVP to beverlydavis@ctkelc.org by March 19.

During the season of Lent, we are drawn deliberately into the life of Christ. Inherent within Lent are invitations to self-examination and prayer as we seek more intentional connections with God. Come explore new spiritual practices or renew old ones.

Lenten Devotions

Christians have traditionally used the 40 days of Lent to reflect, and prepare for the passion and resurrection. The Creation Care Team recommends two free online resources for weekly Lenten devotions: *Spirituality of Soil* and *Laudato Si Reflection Resource* (see ecospiritualityresources.com/lent). While written for small groups, they can also be used for personal devotions in the home. In addition, daily Lenten reflections will be on Facebook throughout Lent (see Christ-the-King-Creation-Care).

Young Adults

Sunday, March 10, 7:00 p.m. NOTE DATE CHANGE!

We'll meet the *Second* Sunday of this month, **Sunday, March 10, 7:00 p.m.** instead of the 17th, cuz, you know, St. Paddy. We'll still meet at The Volcano. And we can prepare for whatever y'all will do on the 17th by talking the history of St. Patrick, and maybe figure out his contribution to Trinitarian Dogma. We can learn the distinction between *homoousias* and *homoiousias*, and what the *communicatio idiomatum* has in common with beer hops. All this can be used to impress your friends at trivia contests or "regular" conversation the next week. We also can share stories about how other peoples' karmas ran over their dogmas. So it goes. Lots of fun and planning for next events to be had, including review of the previous "Blues, Brews, and Good News" event and planning for the next one to happen March 22. For further info, check in with Pastor Duane.

Envelope Fundraiser for Youth Trips

The Luther League asks your support for two summer trips Christ the King youth are going on this summer, thirteen to Germany and six to North Carolina. The Envelope Fundraiser begins Sunday, March 10, continuing through Palm Sunday, April 14. Pick an envelope off the bulletin board in the courtyard and match your donation with the number on the envelope. Please write checks to Christ the King Church with 2019 Summer Trips on the memo line. Donations may be dropped in the offering, the mail or the office. Come visit the youth at their envelope bulletin board in the courtyard and learn about their trips!

Lutherhill Explore Retreat

Friday, March 22- Sunday, March 24

All elementary age school children are invited to come and enjoy the giant swing, archery, arts & crafts and campfire worship at Lutherhill with Deacon Ben Remmert. This is a great opportunity to take a trial run at camp for a weekend before coming out for a whole week in the summer! *Explore* begins Friday evening with games and an opening devotion. Saturday, we explore a typical day of camp with morning worship, Bible study and an activity-filled afternoon. Sunday, we wrap up the weekend with brunch and a sending worship. Cost is \$75 per person. RSVP to Deacon Ben Remmert by March 17.

Project Promise:

Building Personal Care Kits for People Around the World

During Lent, we again join Lutheran World Relief's Project Promise appeal. Each week, we collect a different item that will be used to assemble Personal Care Kits that give people around the world tools to stay healthy in life's most challenging situations. **Drop items off in the narthex.** Here's our collection schedule:

March 10: Bars of Soap

(4 to 5 oz., any brand, in original wrapping)

March 17: Bath towels

(new, light-weight, maximum 52"x27", dark color recommended)

March 24: Toothbrushes

(adult size, in original packaging)

March 31: Combs (sturdy, please!

No picks or fine toothed combs)

April 7: Nail Clippers

(metal, attached file optional)

April 14: Bars of Soap

(each kit includes 2 bars of soap)

Everyone is invited to join the Luther League in assembling our Personal Care Kits after the Good Friday service on April 19.

Spring Nature Photo Outing – Houston Arboretum & Nature Center Saturday, March 16, 9:00 a.m.

The CTK Creation Care Team and Health Ministry invite all photogs or wanna-be photogs on a nature photo outing to the Houston Arboretum & Nature Center. Bring your camera(s) or cell phone and meet us at the Nature Center at 4501 Woodway. Elmer Ledesma, a skilled amateur photographer, will help you to get the shot. Experience the health benefits of time spent in nature, the wonder of God's good creation, and take home some photos to remember it by! If you are planning to join us, contact Elmer Ledesma at ledesme@stthom.edu.

We celebrate with these members and friends who are remembering their baptism this week:

Victor Bastidas Caroline Friberg Brian Stotmeister
Joyce Bradshaw Jennifer Roschke Katherine Willcockson
Raelle Frost George Brookover Harry Linsenmayer
Audrey Post

Sunday, March 10

8:30 a.m. Worship ELW 5, nave
9:45 a.m. Sunday Forum, parish hall
9:45 a.m. Sunday School
9:45 a.m. Justice Advocacy, courtyard
10:50 a.m. Worship ELW 5, nave
7:00 p.m. Young Adults, offsite

Monday, March 11

Church Office Closed
8:15 a.m. Morning Prayer, 3rd floor

Tuesday, March 12

8:15 a.m. Morning Prayer, 3rd floor

Wednesday, March 13

8:15 a.m. Morning Prayer, 3rd floor
5:30 p.m. Soup Supper through 6:20 p.m.
5:45 p.m. Infant music, 201
6:00 p.m. Choristers
6:00 p.m. Jr Choristers, 011
6:15 p.m. Brass ensemble, music suite
6:20 p.m. Toddler music, 201
6:30 p.m. Lenten Vespers, nave
7:30 p.m. Chorus, 011
7:30 p.m. Choir, 001

Thursday, March 14

8:15 a.m. Morning Prayer, 3rd floor
10:00 a.m. Piecemakers, 3rd floor
6:00 p.m. Egg Decorating workshop, 3rd floor
6:00 p.m. Circle of Care, council room

Friday, March 15

8:15 a.m. Morning Prayer, narthex
10:30 a.m. Friday Morning Bible Study, nave

Saturday, March 16

9:00 a.m. Nature Photo Outing
10:00 a.m. Altar Guild, narthex
1:00 p.m. Yoga, parish hall
6:00 p.m. Contemplative Worship, nave
6:00 p.m. Sr. High Coffee, outside

Sunday, March 17

8:30 a.m. Worship ELW 5, nave
9:45 a.m. Sunday Forum, parish hall
9:45 a.m. Sunday School
10:50 a.m. Worship ELW 5, nave
6:00 p.m. Luther League, youth room



Mission Offering

The mission offering is collected at the church doors at the end of worship.

Meals on Wheels

is a home delivered meal program for seniors with limited mobility, through the Harris County Area Agency on Aging. Interfaith Ministries is the largest provider of services in the Houston area. Each meal includes an entree, two 1/2-cup servings of fruit or vegetables, bread, milk and whole fruit or dessert. They serve more than 4,000 seniors a hot meal each day. For every \$5 you give, IM is able to provide one homebound senior with a home delivered meal.

This service is available to homebound individuals 60 years old and older and spouses of current service recipients.

aniMeals on Wheels

is a program in which volunteers deliver donated dog & cat food to Meals on Wheels seniors who have pets. The program was started because they found that seniors were sharing their limited food and resources with their pet companions. Your support helps them continue to deliver almost 8,500 pounds of pet food to 1,110 pets each month!

Donations are accepted in the form of wet and dry dog and cat food or gift cards to local stores which sell pet food. **During March, we ask that members drop off pet food in the basket in the foyer.**

Save the Date: Tag Sale - May 4

The annual Tag Sale at Christ the King Church will be Saturday May 4, 8:00 a.m. - 12:00 p.m. in the parish hall. Give us anything you want out of your closets, garages and attics! We will collect items starting the Sunday before the sale, April 28.

Ukrainian Egg Decorating Workshop

Thursdays at 6:00 p.m. on the 3rd floor through April 11, led by Marie Monroe. Contact Marie for more information, marie4118@gmail.com, or just show up.