



## Are You Interested in Membership with Christ the King Church?

Friends who are new (or not so new!) to Christ the King Church are warmly invited to a luncheon and orientation on **Sunday, February 24 at 12:30 p.m., in the 3rd floor conference room.** Reception during worship the next Sunday (March 3).

## Check your Blood Pressure

Blood pressure screenings will be held in the narthex after each Sunday morning service on February 24.

## Climate Change & What You Can Do Sunday, February 24, at 6:00 p.m., online

The CTK Creation Team invites you to a monthly environmental education web meeting series. Professor Dan Cohan of Rice University will speak on climate change. Climate change has been deemed one of the most significant environmental issues facing North America by the U.N.'s Global Environmental Outlook. Professor Cohan will educate on the latest research and reports on climate change and will explain the actions you can take to combat climate change. Please register for this talk on eventbrite.com. Contact Lisa Brenskelle at brenskelle@aol.com with any questions about this talk.

**houston food bank**  **Saturday March 9**  
 Leave the church at 7:30  
 Return at noon  
 For information, contact ctkhfb@gmail.com

## Useful information

When: 8:00 a.m. to 12:00 p.m.

Where: Houston Food Bank, 535 Portwall St., Attire: Closed-toe shoes, pants, sleeved shirt (short or long sleeves)

Carpool: If needed, it will leave the church parking lot at 7:30 a.m. Please specify if you wish to carpool so we can be sure to send someone there before heading to the HFB: ctkhfb@gmail.com

## Shrove Tuesday Pancake Supper

**March 5, 5:30-6:45 p.m.**

### Volunteers and Revelers Needed

The annual Pancake Supper will be March 5 in the parish hall. Come and eat all the pancakes and sausage you can and enjoy music and pancake races. Traditionally, this is the day people eat up all the foods they can't have during Lent - butter, meat, eggs, and wine - and have the last big party until Easter. There will be projects for the kids beginning at 5:30 p.m., with dancing for everyone, followed by singing our last "Alleluia." Supper will be served from 6:00 until 6:45 p.m. If you can help shop, cook or clean up at the supper, please contact Marie Monroe at marie4118@gmail.com or 832-488-7696. Come and have the most fun you'll have until Easter.

## Ash Wednesday March 6

### Imposition of Ashes

**7:10 a.m.**

**12:15 p.m.**

**7:30 p.m.**

Sandwiches will be served after the 12:15 p.m. service.

The pastors and deacons will offer

### *Ashes to Go*

at the Rice Blvd entrance of the church

8:00 - 9:00 a.m.

11:00 a.m. - 12:00 noon

5:00 - 6:00 p.m.

**Praying Life (live) Lenten Vespers  
Wednesdays, 6:30 - 7:15 p.m.**

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## **SUNDAY FORUM** 9:45 a.m.

in the parish hall



**February 24:  
Our Lutheran Liturgy :  
Influences from Around  
the World**

*presented by Deacon Rick*

*Erickson*

Join our Christ the King Cantor and Bach Society Houston Director for a look at influences from around the world on music in worship.

## **Spiritual Practices for the Real World**

### **March Sunday Forum Series**

Did you know that God wants a deeper relationship with and for and from you? Might you encounter God in familiar and surprising ways during Lent this year? After a theological introduction by Pastor Larson on March 3, our Sunday Forum series will explore multiple methods of prayer each week that you are invited to “try on” as possibilities to begin or to enrich your own daily spiritual practice.

**March 3:** Exploring the Theological Basis for Prayer

**March 10:** Lectio Divina and Visio Divina

**March 17:** Centering Prayer and Christian Meditation

**March 24:** Ignatian Prayer: Guided Imagination and Daily Examen

## **Shrove Tuesday Pancake Supper March 5—please volunteer!**

The annual pancake supper will take place on March 5 this year! We are looking for people who can come and help for a while and then enjoy the eating, talking and carrying-on that we do at Mardi Gras.

### **The ways you can help are:**

- bring champagne and/or orange juice
- shop at Sam's for pancake mix and sausage patties
- decorate (and remind me if i need to order more beads etc.)
- come at 3:00 and making pancakes and cooking the sausage
- come at 4:30 and continue with the pancakes
- help with kids' table and pancake race
- serve from 6-6:30
- serve from 6:30-6:45
- clean up at 6:45

Please let Marie ([marie4118@gmail.com](mailto:marie4118@gmail.com)) know if you are available or if you know someone who would enjoy participating.

## **Praying Life (live) Lenten Vespers Wednesdays, 6:30 – 7:15 p.m.**

Lenten Vespers this year lead us along a path of reflection on some basic things that make for a wholesome life: shelter, light, body, joy, and harvest. The psalms for Sundays in Lent pray, meditate on, cry out for, give thanks for and sing about all these elements. On Wednesdays we will spend more time to go deeper and experiential with these psalms and themes.

March 13 – Shelter (Psalm 91)

March 20 – Light (Psalm 27)

March 27 – Body (Psalm 63)

April 3 – Joy (Psalm 32)

April 10 – Harvest (Psalm 126)

These traditional Vespers will help us keep the spiritual discipline of Lent, beginning with forty tolls and including incense. After worship there will be two opportunities to go deeper in the reflective process: individual healing blessing and laying on of hands will be offered in the nave; a 45 minute group conversation about the psalm and presentation for each week will be offered in the parlor on the second floor.

## Fruit of the Spirit: A Recital of Songs

Sunday, March 3 6:00 p.m.

Christ the King Church Parish Hall

Enjoy soprano Jessica Moss and our member and pianist Megan Glikes as they present a recital of art songs and arias by various composers with themes on the fruit of the Spirit as listed by Paul in Galatians 5:22-23. Please join us for an evening of uplifting music, and enjoy a few tasty snacks and spirits as well. Your admission of \$10 will benefit Interfaith Ministries Meals on Wheels.

## Soup Makers and Servers Needed

Wednesdays March 13 - April 10

We look forward to our annual Lenten soup suppers which are sponsored by various ministry areas each Wednesday evening during Lent. All members and friends are invited to come and sample a delicious variety of soups each Wednesday evening, 5:30-6:30 p.m. And of course, additional soup makers and servers are most welcome. Proceeds from our soup suppers benefit our missionaries in Mexico, Pastor David and Alicia Brandos.

If you would like to help with one of our Wednesday Lenten soup suppers, please contact [beverlydavis@ctkelc.org](mailto:beverlydavis@ctkelc.org) or 713-400-0517.

## Lenten Day of Prayer with Brother Michael Gallagher

Saturday, March 23, 9:30 a.m.-1:30 p.m.

Christ the King Lutheran Church

\$15.00 Light lunch provided.

RSVP to [beverlydavis@ctkelc.org](mailto:beverlydavis@ctkelc.org) by March 19.

During the season of Lent, we are drawn deliberately into the life of Christ. Inherent within Lent are invitations to self-examination and prayer as we seek more intentional connections with God. Come explore new spiritual practices or renew old ones.

## Save the Date: Tag Sale - May 4

The annual Tag Sale at Christ the King Church will be Saturday May 4, 8:00 a.m. - 12:00 p.m. in the parish hall. Give us anything you want out of your closets, garages and attics! We will collect items starting the Sunday before the sale, April 28.



February 27

Pizza Dinner

Classes and Choirs continue as usual

March 6 (Ash Wednesday)

No Wednesday activities

Join us for the Imposition of Ashes at 7:30 p.m.

March 13-April 10

Soup Suppers served

from 5:30 - 6:30 p.m. during Lent

6:30 p.m. Lenten Vespers

## Family Friday

March 8, 5:00-7:00 p.m.

Join us for "Family Friday" on March 8, 5:00-7:00 p.m. at Christ the King.

Make church your place for Friday dinner together with other families.

Bring the kids, a bottle of wine or beer to share and let's "crash together" after the work week. We will eat,

enjoy fellowship, and play. We close with a good night story and prayer at 7:00 p.m.

Invited are all young families with babies, toddlers and Kindergarten children with their older siblings.

Dinner, water and lemonade will be provided. Family Fridays take place monthly (mostly on the first Friday).

## Ukrainian Egg Decorating Workshop

Thursdays at 6:00 p.m. on the 3rd floor through April 11, led by Marie Monroe. Contact Marie for more information, [marie4118@gmail.com](mailto:marie4118@gmail.com), or just show up.



We celebrate with these members and friends who are remembering their baptism this week:

Erin Burton	Erin Simpson
Carl Glatzel	Martina Luke-Dorn
Judy Vinson	Mark Smith
Timothy Winston	Aidan Swindell
Duane Larson	Meredith Moore
Stephan Roth	Jamie Gibbons

### Sunday, February 24

Blood Pressure Screening after services

8:30 a.m. Worship ELW 4, nave  
9:45 a.m. Sunday Forum, parish hall  
9:45 a.m. Sunday School  
10:50 a.m. Worship ELW 4, nave  
12:30 p.m. Membership luncheon, 3rd floor  
6:00 p.m. Creation Care webinar, online

### Monday, February 25

Church Office Closed

8:15 a.m. Morning Prayer, 3rd floor

### Tuesday, February 26

8:15 a.m. Morning Prayer, 3rd floor

### Wednesday, February 27

8:15 a.m. Morning Prayer, 3rd floor  
5:00 p.m. The 5 O'Clock, 3rd floor  
5:30 p.m. Dinner begins, through 6:40 p.m.  
5:30 p.m. PreK-K music, 011  
5:45 p.m. Infant music, 201  
6:00 p.m. Choristers, 001  
6:15 p.m. Confirmation class, 204  
6:15 p.m. Brass ensemble, music suite  
6:15 p.m. Jr Choristers, 011  
6:20 p.m. Toddler music, 201  
6:30 p.m. Isaiah, basement classroom  
7:30 p.m. Chorus, 011  
7:30 p.m. Choir, 001

### Thursday, February 28

8:15 a.m. Morning Prayer, 3rd floor  
10:00 a.m. Piecemakers, 3rd floor  
6:00 p.m. Egg Decorating workshop, 3rd floor

### Friday, March 1

8:15 a.m. Morning Prayer, narthex  
10:30 a.m. Friday Morning Bible Study, nave  
Sr High retreat, offsite  
6:30 p.m. Last Blast Before Lent, offsite

### Saturday, March 2

Sr High retreat, offsite  
1:00 p.m. Yoga, parish hall  
4:00 p.m. History Bus Tour,  
meet in church parking lot  
6:00 p.m. Contemplative Worship, nave

### Sunday, March 3

8:30 a.m. Worship ELW 4, nave  
9:45 a.m. Sunday Forum, parish hall  
9:45 a.m. Sunday School  
10:50 a.m. Worship ELW 4, nave  
6:00 p.m. Recital of Songs, parish hall  
6:00 p.m. Luther League, youth room



The banner features a logo on the left showing a hand holding a globe with a red house on top, labeled 'village church' and 'global mission'. To the right, the text reads 'Mission Offering' in large blue letters. Further right, the 'freewheels houston' logo is shown with a bicycle icon, and below it, 'FEBRUARY 24' and 'The mission offering is collected at the church doors at the end of worship.'

Freewheels Houston's 2019 focus is meeting the need for safe, reliable transportation among refugee teenagers as well as adult refugees, veterans emerging from homelessness and clients of other assistance ministries and nonprofits.

The mission offering on February 24 will support Freewheels Houston's efforts to provide bikes and bike ownership skills, engage volunteers in bike repairs and strengthen partnerships other nonprofits.

On February 4, Freewheels launched a program to provide bikes to students at Wisdom High School (formerly Robert E. Lee High School) who need a way to school. Many also need transportation to after-school jobs. In addition to instruction on basic maintenance, Freewheels provides helmets, locks, lights and pumps.

Freewheels was launched at Christ the King Church in 2015 and has provided bikes to about 600 people.

Do you know how to fix a bike? Do you want to learn? Freewheels volunteers are eager to share their knowledge with others who want to help Houston's refugee community. Contact Bill Mintz at [billmintz51@att.net](mailto:billmintz51@att.net) for more information.

### Freewheels Houston Service Day: March 9

Youth and Parents are welcome to come to a day of serving at freewheels Houston cleaning and repairing donated bikes. We will gather at church at 8:30 a.m. and carpool over to Freewheels Houston for service and fellowship. Afterwards we will go and grab lunch together at Bernie's Burger Bus. Please contact Deacon Ben Remmert to RSVP by Friday, March 8.

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The Rev. Dr. Duane Larson, Senior Pastor    The Rev. Karin Liebster, Associate Pastor  
Deacon Ben Remmert, Director of Youth and Family Ministry  
Beverly Davis, Director of Congregational Care    Linda Schoene, Congregational Nurse  
Deacon Rick Erickson, Cantor, Director of Bach Society Houston  
Brian Glikes, Music Associate    Robert Walp, Brass Choir Director  
Noelle Jung, Church Business Administrator  
Phone: 713-523-2864    Email: [ctk@ctkelc.org](mailto:ctk@ctkelc.org)    Website: [ctkelc.org](http://ctkelc.org)  
Office Hours: Tuesday - Friday 7:00 a.m.-4:00 p.m. 2353 Rice Blvd, Houston TX, 77005