

MAY 22, 2016  
TRINITY SUNDAY

taking+  
faith  
home

*The Holy Spirit fills our hearts with God's love.*

## DAILY BIBLE READINGS

These readings are related to the Lectionary readings for this Sunday.

Sunday	John 16:12-15	The Spirit will guide you into truth
Monday	Romans 5:1-5	Being accepted by God
Tuesday	John 4:7-24	Spirit and truth
Wednesday	John 15:26-27, 16:1-15	The Spirit will tell about Jesus
Thursday	John 8:31-36	The truth will set you free
Friday	1 John 4:1-6	Truth and falsehood
Saturday	Psalms 8	God's glory and human worth
Sunday	Luke 7:1-10	The faith of a Roman centurion

## SCRIPTURE VERSE FOR THIS WEEK

We gladly suffer, because we know that suffering helps us to endure. And endurance builds character, which gives us a hope that will never disappoint us. All of this happens because God has given us the Holy Spirit, who fills our hearts with his love. **Romans 5:3-5 (CEV)**

### SAY, PRAY, AND BLESS:

#### A Prayer for the Week:

Great God—Father, Son, and Holy Spirit—you are wonderful and mighty. Thank you for caring for us. Amen. (Psalm 8:1-4)

#### Mealtime Prayer:

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, you heavenly hosts; praise Father, Son, and Holy Ghost. Amen.

#### A Blessing to Give:

May God give you peace. May Jesus bless you with his kindness. May the Holy Spirit fill your heart with love. Amen.



© 2015 Milestones Ministry, LLC. All rights reserved.

MAY 22, 2016  
TRINITY SUNDAY

taking+  
faith  
home

## CARING CONVERSATIONS



Discuss in your home or small group:

- What is a guide? When have you needed a guide?
- Jesus told his disciples that the Holy Spirit would guide them (John 16:13). In what ways do you need God's guidance?
- Tell about a time you experienced the Apostle Paul's sequence of going from suffering to endurance to character to hope (Romans 5:3-4).

## DEVOTIONS



Throughout the centuries Christians have prayed the Psalms and concluded by confessing the Trinity through the words of the Gloria Patri (Glory to the Father). This week as you pray Psalm 8 or any other Psalm, finish by saying, **"Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen."**

## SERVICE



Romans 5:3-4 speaks of the sufferings experienced by Christians. Whom do you know in your congregation or community who is experiencing suffering at this time, such as health problems, grieving the loss of a friend or loved one, or having financial trouble? Plan an act of service to encourage them. Include them in your prayers.

## RITUALS AND TRADITIONS



For meals or for household devotions this week, begin with these words: **"In the name of the Father, and of the Son, and of the Holy Spirit. Amen."** As you do so, make the sign of the cross. Here's how:

1. Bring the thumb, index, and middle finger together (representing the Trinity).
2. Touch the forehead while saying, **"In the name of the Father"**
3. Touch the lower chest while saying, **"and of the Son"**
4. Touch the one shoulder (left first for western Christian traditions, right first for eastern Christian traditions) while saying, **"and of the Holy Spirit,"** and then cross to the other shoulder.

Making the sign of the cross reminds us of the grace we have received through the cross of Jesus. The four points of the cross can also signify loving God with all of one's heart, soul, mind, and body.



In addition to *Taking Faith Home*, celebrate milestones in your daily life as an effective faith formation tool. Go to: [www.milestonesministry.org](http://www.milestonesministry.org)