FEBRUARY 14, 2016 FIRST SUNDAY IN LENT



Worship the Lord.

DAILY BIBLE READINGS

These readings are related to the Lectionary readings for this Sunday.

Sunday	Luke 4:1-13	The temptation of Jesus
Monday	Romans 10:8-13	Salvation is for all
Tuesday	1 Corinthians 10:1-13	Be careful that you don't fall
Wednesday	Luke 22:39-46	Jesus on the Mount of Olives
Thursday	James 1:2-18	Trials and temptations
Friday	Genesis 39	Joseph resists temptation
Saturday	Psalm 119:1-16	The word of God
Sunday	Luke 13:31-35	Jesus' sorrow over Jerusalem

SCRIPTURE VERSE FOR THIS WEEK

Jesus answered, "The Scriptures say: 'Worship the Lord your God and serve only him!'" Luke 4:8 (CEV)

SAY, PRAY, AND BLESS:

A Prayer for the Week:

O God, Make me strong when I am tempted to do wrong. Help me to do what is right and good. Amen.

Mealtime Prayer:

You give us bread for living, O God. Save us from living for bread. Amen.

A Blessing to Give:

May God bless you with love. May God rescue and protect you, and give you long life. Amen. (Psalm 91:14-16)



FEBRUARY 14, 2016 FIRST SUNDAY IN LENT



CARING CONVERSATIONS



Discuss in your home or small group:

- Share about a time when you felt tempted. What happened?
 - How did the devil test Jesus? How did Jesus respond?
 - What can we learn from the way Jesus responded?

DEVOTIONS



Lent is a season of the church year when we focus on prayer. As a family or household, make the decision to pray for specific things each day of the week throughout Lent. Here are some ideas:

Sunday: For pastors and other church workers, and for the ministry of your congrega-

tion

Monday: For missions and missionaries

Tuesday: For friends and neighbors, and for those who don't know Christ

Wednesday: For political leaders and world peace

Thursday: For colleagues at work or school

Friday: For your relatives

Saturday: For personal needs or concerns

You may want to print or write up your chosen schedule and post it where all can see.

SERVICE



Think of a food item that is especially tempting for your household, but with which you could do without. Decide to forgo it for this week or longer, and set aside the money saved to donate to charity.

RITUALS AND TRADITIONS



Set up a "crown of thorns" wreath as a home devotional focus. Make or purchase a grapevine wreath to use as the base. Insert six purple candles, one for each week of Lent, and a white candle to represent Christ. Light one candle for this week, two for the week after, and so on. Begin Holy Week (on Palm Sunday) with all of the candles lit, then extinguish one candle each night thereafter. Light the Christ candle as you celebrate Jesus' resurrection on Easter Sunday, and decorate the wreath with flowers.

